

To: Roberta Ficke, MD

Cc: Mary Gill

Mona Miller

Education Report 2019-2020

I was pleased to arrange wonderful speakers for our meetings this year. They included:

Neda Gould, Ph.D who spoke on mindfulness meditation for health and well-being

William Nelson, M.D., Ph.D who spoke on new updates in cancer treatment

Wen Shen, M.D., Ph.D who spoke on the hormonal impact on chronic disease

James Ficke, M.D. who spoke on foot and ankle disorders

Bimal Ashar, M.D. who spoke on vitamins and mineral supplements

Due to the cancellation of our last meetings, we were unable to hear from

Lisa Christopher-Stine, M.D., M.P.H

Her topic was "The Implications of Inflammation"

And

Patrick Byrne, M.D., M.B.A

Whose topic was "Updates in Facial Plastic Surgery"

Dr. Byrne has accepted a position at the Cleveland Clinic, so we will be unable to reschedule him for future meetings. Once we determine our fall schedule, I hope to reschedule Dr. Christopher-Stine.

In closing, I enjoy engaging our speakers very much, and will be glad to continue this assignment next year.

Sincerely,

Anita Stapleton